

**240i StretchTrainer™**

Designed for commercial use to incorporate stretching into every workout.

**Features**

Proprietary Stretching Design	<ul style="list-style-type: none"> <li>• The unique, seated design helps stabilize the back during stretching movements so the user can complete an effective stretching regimen in only 10 minutes.</li> <li>• Movement is enhanced by gravity and seamlessly translated into positive feedback and immediate results.</li> <li>• Users can improve flexibility, coordination, and overall athletic performance.</li> <li>• Placard instructs users on the eight essential stretches to target key muscle groups.</li> <li>• Accommodates users of all heights.</li> <li>• Padded handlebars allow the user to control the intensity and duration of each stretch.</li> <li>• Comfortable seat and kneepads help user sit comfortably.</li> <li>• Wrist straps provide an improved security and control.</li> </ul>
Frame	<ul style="list-style-type: none"> <li>• Two-step powder-coating process applies rust-resistant undercoat and cosmetic topcoat to a steel frame with a 50mm (1.9in) tube diameter and 2 mm wall thickness.</li> <li>• Pivot points use quiet, self-lubricating bushings.</li> <li>• Light weight and small footprint allow for convenient placement anywhere in the facility.</li> </ul>
Warranty	<ul style="list-style-type: none"> <li>• Five years frame, 2 years parts, 90 days upholstery. Warranties outside the U.S. and Canada may vary.</li> </ul>

**8 essential stretches**

<ul style="list-style-type: none"> <li>• Lower back</li> <li>• Hamstrings</li> </ul>	<ul style="list-style-type: none"> <li>• Gluteal/Hips</li> <li>• Hips/Legs/Back</li> </ul>	<ul style="list-style-type: none"> <li>• Inner Thighs/Groin</li> <li>• Upper back</li> </ul>	<ul style="list-style-type: none"> <li>• Shoulders</li> <li>• Quadriceps</li> </ul>
--	--	--	---

**Weights and Measures**

<ul style="list-style-type: none"> <li>• Length</li> <li>• Width</li> <li>• Height</li> </ul>	<ul style="list-style-type: none"> <li>52 in (132 cm)</li> <li>28 in (71 cm)</li> <li>36 in (91 cm)</li> </ul>	<ul style="list-style-type: none"> <li>• Weight</li> <li>• Shipping weight</li> <li>• Maximum user weight</li> </ul>	<ul style="list-style-type: none"> <li>60 lbs (27 kg)</li> <li>90 lbs (41 kg)</li> <li>250 lbs. (113 kg)</li> </ul>
---	--	--	---