

240i StretchTrainer™

Designed for commercial use to incorporate stretching into every workout.

Features

Proprietary Stretching Design	<ul style="list-style-type: none"> • The unique, seated design helps stabilize the back during stretching movements so the user can complete an effective stretching regimen in only 10 minutes. • Movement is enhanced by gravity and seamlessly translated into positive feedback and immediate results. • Users can improve flexibility, coordination, and overall athletic performance. • Placard instructs users on the eight essential stretches to target key muscle groups. • Accommodates users of all heights. • Padded handlebars allow the user to control the intensity and duration of each stretch. • Comfortable seat and kneepads help user sit comfortably. • Wrist straps provide an improved security and control.
Frame	<ul style="list-style-type: none"> • Two-step powder-coating process applies rust-resistant undercoat and cosmetic topcoat to a steel frame with a 50mm (1.9in) tube diameter and 2 mm wall thickness. • Pivot points use quiet, self-lubricating bushings. • Light weight and small footprint allow for convenient placement anywhere in the facility.
Warranty	<ul style="list-style-type: none"> • Five years frame, 2 years parts, 90 days upholstery. Warranties outside the U.S. and Canada may vary.

8 essential stretches

• Lower back	• Gluteal/Hips	• Inner Thighs/Groin	• Shoulders
• Hamstrings	• Hips/Legs/Back	• Upper back	• Quadriceps

Weights and Measures

• Length	52 in (132 cm)	• Weight	60 lbs (27 kg)
• Width	28 in (71 cm)	• Shipping weight	90 lbs (41 kg)
• Height	36 in (91 cm)	• Maximum user weight	250 lbs. (113 kg)